



Perfectly Imperfect Interior Design

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## DESIGN IN BRIEF:

### Luxury Bedroom Ideas

Our bedrooms are our sanctuaries - they should be geared towards total recuperation and retreat. So much of our interior design focus is on our living spaces, neglecting what is perhaps the most important area for our sense of wellbeing. We wanted to find out how to make a bedroom a place of rest and resplendence from expert interior designer Ana Engelhorn...

#### A BEAUTIFUL SANCTUARY

Can a bedroom be too big? I don't think so. A bedroom can be so much more than a place to sleep. If you have the space, you can put in a sofa area to relax and hide in when everyone else has made the living room a war zone. It is also a room that, again, if space allows, can easily host a bath. It's not actually as uncommon as you might think! There is nothing more beautiful than a Drummonds freestanding bath in a corner of your bedroom with some beautiful yucca plants next to it.

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#### UTILISING SPACE

A bedroom can very easily look cramped, however, when the room is small, but you've decided you can't live without a king size bed. For me, putting a large bed or other big pieces of furniture into a smaller bedroom space is a huge no-no. A better idea would be to choose a slightly smaller-sized bed and put it in a corner, so visually, it doesn't take up as much space. You can then carefully select other pieces of furniture to complement it. Rather than feeling cramped, it will look like you have a luxurious, relaxing sofa corner amidst a beautifully decorated room.

#### FURNISHINGS

I find that linen sheets like the ones from Larusi help give the bedroom a relaxed feeling. To rest your eyes before going to bed, it can be beneficial to light some candles like the ones from P. F. Candles - I personally love the whisky-scented one, which gives off a lovely, musky scent.





**DESIGNER TIP**  
ANA SUGGESTS  
MAKING A  
STATEMENT WITH  
A FREESTANDING  
BATH



*Jennifer Manners Rug in Marble*

Bedrooms should be designed to give you peace amidst a sense of relaxed luxury, to help you unwind and get ready to drop your head onto that heavenly pillow. For those of you with perfectly imperfect hardwood flooring, it is great to have the heavenly touch of a Jennifer Manners rug, so when you wake, your feet hit the soft hand-knotted material. Colours in the room can be lively but shouldn't stress you out. Ultimately, whatever works best to help you relax is what you should choose. A luxurious bedroom is only so if it calms you.

## ABOUT ANA

Born in Switzerland, with Spanish and German roots, founder and creative director Ana Engelhorn incorporates her international background and interests in travel and art into her exquisite interiors. Echoing the Japanese aesthetic of wabi-sabi, Ana Engelhorn's perfectly imperfect style brings out a room's innate authenticity, celebrating the imperfections found in natural building materials and highlighting rich textural sensations.

In older buildings, she focuses on restoring a room to its natural state, highlighting any historical features, while

adding a modern twist. In new-build homes, she is guided by the client's needs to inform the design and shape of the house, bringing in natural elements to complement the new. Ana and her team love working with organic materials and furniture in its raw state to craft luxurious, stunning interiors that clients feel at home in.

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Without going down the 'romantic' route, have you ever contemplated having a large mirror leaning up against a wall in your bedroom? It can be a fantastic way to reflect light as well as be a beautiful decorative detail. I chose an antique mirror with original glass for this bedroom and it works wonders when you walk up the stairs and into the room, reflecting light coming in from the opposite window.

